Nursing Referral Information: Skilled Nursing Services

Skilled Observation & Assessment: Reasonable and necessary to the treatment of any illness or injury. If likelihood of future complication or acute exacerbation of illness. Specifically targeting:

- IV therapy of antibiotics, TPN, hydration
- Aftercare for surgical patients
- Aftercare for orthopedic patients
- CHF, CABG, cardiac, pneumonia, COPD, HTN, care follow-up with telehealth monitoring component
- CVA ,venous insufficiency, peripheral vascular disease and multiple sclerosis care and follow-up
- Failure to thrive
- Symptom management for patients with cancer and receiving treatment
- Pediatric care (Pediatric NP on staff for consultation)

Management & Evaluation of Patient Plan of Care: Case management and coordination, including management of chronic conditions.

Teaching & Training Activities: Teaching patient/caregiver(s) how to manage treatment regimen.

- Diabetic management and instructions
- Medication reconciliation and management
- Self-injectibles teaching and training (Lovenox, insulin)
- Self-care for recent ostomy or reinforcement ostomy care
- Teaching patient/caregiver simple wound care
- Self-management of health conditions, especially chronic conditions

Other Skilled Nursing Care

- Monthly B-12 injections
- Incontinence care management (including catheters)
- Wound care (WOCN on staff for consultation)
- Ostomy care
- Nutritional assessment and instruction

Home Health Aide Services (in presence of a skilled need)

- Personal Care as Delegated by the RN or Therapist
- Bathing, dressing, grooming, hair/nail care, oral hygiene
- Feeding, assistance with elimination, incontinence care
• Skin care, foot care, simple wound care
• Routine catheter and colostomy care
• Assistance with ambulation, positioning, transfers and ROM
• Specialized exercise programs as delegated by therapist
• Assistance with medications ordinarily self-administered
• Routine care of prosthetic or orthotic device